NOW SPOON THIS

OUR TASTE TEST WINNERS

* SWEETEST SURPRISE
Wallaby Organic Purely Unsweetened Yogurt with Peaches
This fruit-tastic cup gets all its yum factor from peaches, not added sugar.

* MVP
Fage Total 2% Plain Greek Yogurt
Where would we be without this go-to? The velvety-soft and true Greek yogurt is a longtime staple among our staffers. Even at 2% milk fat, it's still dangerously delicious.

* DREAMIEST NONFAT
Dannon Oikos Plain Greek Nonfat Yogurt
It may be fat-free, but there's nothing diet-y about this silky pick. It's perfectly tart and an excellent sour cream sub.

* WHOLE-MILK HERO
Organic Valley Grassmilk Plain Whole Milk Yogurt
Holy wow, is this stuff fresh tasting. The top layer of cream gives it more luscious heft than your average non-Greek.

* SAVORY FAVE
Blue Hill Carrot Yogurt
Yes, carrot. We were wary too. But this veggie-based creation hits brand-new levels of delectable. Think of the best veggie bisque you've ever had—this is that, plus probiotics.

* LOOK, NO SPOON!
Siggi's Low-Fat Squeezable Yogurt Tube in Blueberry
The next best thing to a yogurt I've, in our opinion, it's deeply satisfying, and tastes like real berries. (Not always a given in the world of fruit-flavored foods.)

FOR DESSERT ONLY
Noosa Yoghurt Salted Caramel
Treat yourself to this decadence. It's as heavenly as ice cream.